

Small changes,  
big differences.



## **FREE** Triple P 0-12 Years Seminar The Power Of Positive Parenting

**Do you want to feel better equipped as a parent?**

**Do you want your children to be confident and well adjusted?**

If you answered YES to these questions then an upcoming parenting course may interest you

The Positive Parenting Program (Triple P) is a series of presentations on positive parenting for people with children aged 3-12 years

**DATE:** Thursday 19<sup>th</sup> May, 26<sup>th</sup>, and 2<sup>nd</sup> June 2011

**TIME:** 10am-12pm

**VENUE:** Taree Community Health Centre

**PRESENTERS:** Lynese Hampson, Rebecca Sams, and Barbra Squire from the Children, Young People & Families Counselling Team

**COST:** Free!!

**BOOKINGS:** Essential.

### **BOOKINGS AND INFORMATION**

Simply contact Lynese Hampson on **65929699** or Rebecca Sams on **65929638** to register for one or more of the seminars.

Tea, coffee and refreshments provided

**Please note:** Childcare will not be available